

# FULL SPECTRUM VS THC FREE

The full spectrum CBD line can contain up to the 120 different terpenes found naturally in the hemp plant. It also contains trace amounts of THC. This is why full spectrum CBD oil is called the "whole plant" oil. Because it contains everything from the plant, CBD aficionados, or those looking for the maximum therapeutic properties, often look for full spectrum CBD products.

The broad spectrum, or THC free, CBD line has been formulated from an isolate. Meaning everything from the hemp plant has been removed but the CBD. After isolating the CBD, certain terpenes are then added back into the oil to aid in the therapeutic properties. Some consumers prefer this method as they know there is no THC in the oil and they know exactly what terpenes they are getting and the results they will provide.

## WHAT ARE TERPENES

Terpenes are essential oils found in fruits, vegetables, seeds and flowers as well as hemp; they provide the smell, taste and therapeutic properties of the plant. The terpenes in hemp are a large part of why CBD provides as many health benefits as it does—because there are over 100 different terpenes in it. Some terpene properties provide energy, while others have an almost sedative effect. Some allow your mind to relax, while others can help you focus.

You can purchase HealX CBD from:



The statements regarding these products have not been evaluated by the Food and Drug Administration. These items are not intended to diagnose, treat, cure or prevent any disease. Individual results may vary.

Our products are produced by a licensed grower and in a manner consistent with the Farm Bill and associated federal regulations. Our products have been grown, extracted, formulated and bottled in the United States.



## CBD Product & Information Guide



*Manufactured for I-Runner  
7271 Mayflower Park Drive  
Zionsville, IN 46077*

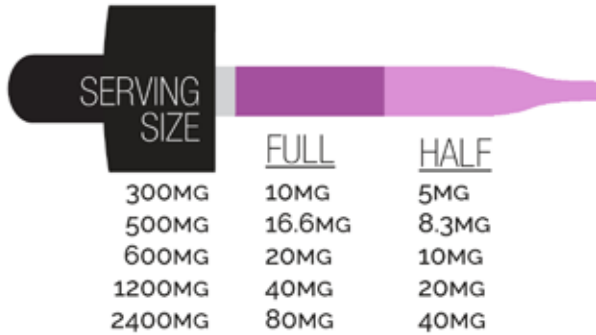
[healxcbd.com](http://healxcbd.com) | [irunners.com](http://irunners.com)

*See why more healthcare providers  
are recommending HealX everyday*

# DOSING INFO

You can speak with your healthcare provider to find the proper dosage for you, or reference the chart below as a good starting dosage per serving:

Pain:	Weight:		
	86 - 150lbs	151 - 240lbs	240+ lbs
<b>None - Mild</b>	14mg	16mg	22mg
<b>Medium</b>	16mg	21mg	30mg
<b>Severe</b>	18mg	26mg	45mg



# WHAT IS CBD

CBD is a naturally occurring compound, short for cannabidiol, found in hemp and cannabis plants. Cannabidiol is not psychoactive so it won't give you a "high" but it will provide a feeling of calm or relaxation thanks in part to our ECS.

# WHAT IS THE ECS

The Endocannabinoid System literally means the cannabinoid system within our body, and it plays a crucial role in regulating our physiology, mood, and everyday experience. Taking cannabinoid products such as oils, or gummies, can directly activate these receptors, bringing our body back into harmony and balance.

# THC FREE

## Pharma Line

Broad spectrum, THC free CBD Oil recommended by healthcare providers.

CBD Milligram Options

**300MG** | **600MG** | **1200MG**  
10 per serving | 20 per serving | 40 per serving



Unflavored | Coffee | Peppermint | Mixed Berry

## Wellness Line

CBD with our proprietary terpene blend for your specific daily wellness needs. These are all naturally flavored by their respective terpene blends.

CBD Milligram Options

**600MG**  
20 per serving



Motivation | Relaxation | Rejuvenation | Energetic

Notes of:  
Pine, Woody | Sweet, Floral | Lemongrass, Cherry | Citrus, Orange

# >0.3% THC Full Spectrum

CBD Milligram Options

**500MG** | **2400MG**  
16.6 per serving | 80 per serving



Unflavored | Peppermint | Mixed Berry

## Edibles

CBD Milligram Options

**360MG** | **750MG**  
12 per serving | 25 per serving



Gummy Drops | Gel Caps

## Pain Relief



**300MG** Gel | **250MG** Balm | **250MG** Salve